



What is your thirst?

This was a question asked at our March vestry meeting. The conversation was about where we want to go and what we want to do as a parish. What is the parish thirsty for? What are you thirsty for? What's your thirst?

In John's Gospel, there is a story where Jesus talks with a woman as she is drawing water from a well. In their conversation Jesus tells her that he has "living water" and that those who drink of it will never thirst again. She of course wants this magic water and her thirst leads her into a conversation that changes her life forever.

When Jesus and the woman finish talking, she goes into her village and tells everyone about this man she met at the well. She

invites them to come hear him speak and the whole village hears the gospel.

The living water that Jesus offers isn't something to drink and the



What do you thirst for in this parish?

thirst it quenches isn't physical.

The living water he offers is the promise of being known, of being loved, of being restored to life.

This is why St. David's exists, to

receive the living water of God and to share it with the world.

All of us gather at St. David's for a reason. None of us just happen to stumble in on a Sunday morning. There is something here that calls to us, satisfies us, something that nourishes us. Have you thought about, prayed about, what it is? What your heart is thirsting for?

I want our programs and ministries to align with the call that God has placed on our hearts. I don't want to do things just because it's what churches do. I want us to follow our thirst and let it lead us to God and to those whom God wants us to love, to care for, to serve.

I encourage you to think, pray, and meditate on what it is that

(Continued on pg. 3)

INSIDE THIS ISSUE:

Parish 2
Spotlight:
Cochran
Family

Altar Guild 2
Profile

Children's 3
Corner

Parish 3
Wellness:
CPR
Certification

Holy Week Schedule

Palm Sunday

March 20, 10:00 A.M.

Maundy Thursday

March 24, 7:00 P.M.

Good Friday

March 25, 12:00 P.M.

(Community Service at Our Redeemer Lutheran Church)

Easter Sunday

March 27, 10:00 A.M.

Parish Spotlight: Cochran Family



The Cochran Family

“The ministry of the church seems open and very intentional regarding the inclusion of children in the service.”

At the annual Vestry retreat in March last year, members shared their stories of what brought them to St. David’s, and what kept them coming back. The Vestry found this to be such an enjoyable and connecting experience that it sparked an idea: wouldn’t it be great to extend this opportunity to the entire church? So, here’s the second in a series of our Parish Spotlight articles.

Michael and Elizabeth Cochran came to St. David’s after living in Pittsburgh for several years with their children, Luke and Caleb. Michael, an engineer, is originally from Indiana and Elizabeth, a professor at Duquesne, is from Texas. Luke just celebrated his fifth birthday, and his little brother Caleb is 2.

Q: What first brought you to St. David’s?

A: We attended a number of churches after moving to Pittsburgh. We were searching for a church where Mike and I could feel spiritually nourished, and where the boys could be themselves and feel welcomed. We wanted to be able to worship together as a family. Also, finding a church home where we could be part of a supportive community and have local stability for the kids was important since both of our families live out of town.

Q: What kept you coming back to St. David’s:

A: When we came to St. David’s we felt welcomed as a family. We were struck by

Kris’s sermons and we enjoy the liturgy as well. The boys have been encouraged to worship in the way that feels comfortable for them. The ministry of the church seems open and very intentional regarding the inclusion of children in the service. It’s often hard to pull the kids and ourselves together for church on Sunday mornings, so it is a relief to not have the added anxiety of worrying about the children behaving in a certain way once we arrive. St. David’s has been very welcoming of our family. We have been attending for about eight months now and look forward to returning each week.

Altar Guild

One of the many ways to be a steward of the ministry at St. David’s is to volunteer for one of the committees that often work “behind the scenes” to help our church services run smoothly. This month we will begin highlighting a committee or service group and those who serve.



Charlene Sonnenborn

Altar Guild

The Altar Guild is responsible for helping to prepare the altar and the sacraments for each service. Altar Guild

members change the colors on the altar in accordance with the church calendar and assist in preparation for special services such as baptisms and confirmations.. The Altar Guild members include Charlene Sonnenborn, Mike and Lynn Gardner, Daphne Kichta, and Kathy Carter. LouAnn Kinol Opat also supports the Altar Guild as needed and oversees the flowers which are a joint effort of the Altar Guild and the Hospitality Committee.

Charlene Sonnenborn has served as the leader of the Altar Guild for the past two years and has developed a “how to” guide and checklist for all of the members to follow which makes the work

go smoothly. Charlene makes certain that altar cloths are clean and pressed, communion wafers, wine, and candles are ordered as needed, and that an Altar Guild schedule is maintained. She has even been know to sneak in on a Saturday to help out her Altar Guild friends by doing part of the Sunday preparations in advance. Imagine their surprise when they walk in to find their duties mostly done!

Parishioners interested in joining the Altar Guild are encouraged to contact Charlene Sonnenborn or a member of the Altar Guild.

Thank you Altar Guild for your stewardship!

Children's Corner



Children participating in worship

We are abundantly blessed with children in our parish. When visitors come, it is with gratitude we explain that our service is at times lively and boisterous. We adore your children. That said, at times you may see Ms. Jen visiting

the Toddler Play area and either quieting children or sending preschoolers and school age children to take a seat. The rationale for having an area for babies and toddlers is to respect their developmental need for movement, and since babies and toddlers mostly play independently or parallel to their playmates, this rarely gets out of hand. Preschoolers and school age

children, on the other hand, become engrossed in play with their friends and most often forget the service is going on around them altogether. For this reason, the best and most developmentally appropriate balance of play and attention to the service going on around them can be achieved for preschoolers and school age children if they would sit with a friend in proximity to a family member who can remind them what is happening in the service. Young children can begin to absorb the elements of the service, while maintaining a (somewhat) peaceful environment for all.

“Immediate CPR can double, or even triple, someone’s chance of survival”

Parish Wellness: Are you CPR Certified?

By: Kathy Carter, MSN, RN

Becoming CPR certified is one of the best things you can do for your family and your community. Being able to provide basic cardiopulmonary resuscitation or administer the Heimlich maneuver can be life-saving. Many people are afraid to become CPR certified for fear they may not be able to do it—it may be too hard, or they may not remember what to do if the need arises. If you aren’t certified, please

consider this: “Immediate CPR can double, or even triple, someone’s chance of survival” (American Heart Association) if they suffer a cardiac event.

We are considering offering a CPR course at St. David’s for parishioners sometime this summer, but would like to know if you’re interested. If you would like to learn CPR please sign up on the sheet that will be located in the

narthex beginning on Sunday, March 13th. Information concerning class scheduling and availability will be communicated once the class date has been established.

In the meantime, please check out the American Heart Association’s website for more information on the benefits of becoming CPR certified .

What is your thirst? (Continued from page 1)

God is calling you into; what your heart is thirsting for. My hope is that in so doing, our path forward together as a parish, as a community, will become more focused and deliberate.

There are many great ministries and spiritual formation opportunities at St. David’s and I encourage you to get involved. But

if it is something else that you are looking for, if there is a longing for which you don’t yet have an outlet, let’s talk about it. I want to hear your story so that St. David’s can be a part of it with you.

We are coming into Holy Week when we will prepare for the annual remembrance of Jesus’ betrayal and death. Through the

devastation of Good Friday, through death, we find life in the resurrection on Easter Day. As we walk the road of Holy Week and Easter together, bear witness to your thirst. You are not alone and there is water for your soul.



Kris+



St. David's Episcopal Church

905 E. McMurray Rd

Venetia, PA 15367

Phone: 724-941-4060

Pastoral Care Hotline: 412-780-6212

Reaching out to warmly welcome all...

St. David's exists for all who seek a deeper connection with God and with their neighbors. We are a small part of God's kingdom in the world and we celebrate the love, grace, joy, and peace given to us in the life, death, and resurrection of Jesus Christ. At the core of who we are and who we desire to be is community. We worship together, nurture our children together, we eat together, we celebrate and mourn together and our doors are never closed to anyone.

Budget Synopsis March 2016

	<u>Mar 16</u>	<u>Budget</u>	<u>% of Budget</u>
Ordinary Income/Expense			
Income			
40000 · Pledges	2,755.00	6,458.33	42.66%
41500 · Non-Pledge Contributions	344.00	1,250.00	27.52%
42000 · Market Rent	0.00	0.00	37.25%
43400 · Building Use Income			
Total 43400 Building Use Income	4,396.50	5,500.68	79.93%
46400 · Other Types of Income			
47500 · Subsidies	0.00	0.00	0.00%
49900 · Community Garden	0.00	0.00	0.00%
Total Income	<u>7,495.50</u>	<u>13,209.01</u>	<u>56.75%</u>
Expense			
62000 · Administration	61.75	765.14	8.07%
62800 · Facilities and Equipment	368.44	333.33	110.53%
63300 · Insurance Expense	0.00	0.00	0.00%
64600 · Ministry Expenses	730.17	795.32	91.81%
66000 · Payroll Expenses	2,110.23	11,446.37	18.44%
67200 · Repairs and Maintenance	1,827.36	2,916.66	62.65%
68600 · Utilities	1,088.13	3,208.33	33.92%
Total Expense	<u>6,186.08</u>	<u>19,465.15</u>	<u>31.78%</u>
Net Income	<u>1,309.42</u>	<u>-6,256.14</u>	<u>-20.93%</u>